

HOW TO HOST A SPIRITUAL DAY SPA

- Consider whether your home can **comfortably seat 15 to 25 retreatants.**
- Ideal sites will offer a **welcoming, aesthetically pleasing environment.**
- Most helpful is a **wall which can serve as backdrop** for Mary Sharon's beautiful slides.
- And true to Mary Sharon's practice, she will **tithe 10% of the freewill offering** to the social concerns outreach ministry or initiative of your choice.



Come, touch what gives you life!

WHY I SPEAK

1. I get to reveal Whom I love.
2. I get to kindle hearts with the fire of the Holy Spirit.
3. I get to touch church in a variety of settings.
4. I get to share stories of my ongoing conversion.
5. I get to break open rich Scripture passages.
6. I get to meet women and men of God who are living their anointing.
7. I get to live the privilege of my own anointing and mission.
8. I get to hear stories of God-at-work in the lives of others.
9. I get to experience something of Saint Paul's zeal for Christ crucified and risen.
10. I get to pour out my life in witness to the Gospel.



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SPIRITUAL DAY SPA



*Intimate house retreats with
Catholic author & spiritual director*

MARY SHARON
MOORE

Honest talk on the
nature of God's calling.



MOST POPULAR TOPICS

Mary Sharon's Spiritual Day Spa retreats combine respite, reflection, joy, humor, encouragement, and just enough prodding to move people toward that next step which they know that they must take.

Her most popular Spiritual Day Spa retreats include:

- Beatitudes with Grace and Grit
- Nothing is Impossible with God
- Prayer Forms for the Busy and the Bold

Or suggest a Spiritual Day Spa topic. Mary Sharon draws richly from the Scriptures, the liturgical seasons, and from her own ongoing conversational challenge to live with a bigger heart.

*If you embrace Christian faith,
you are anointed for a far greater work
than you may have imagined.*

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YOUR ONE-DAY DEEP RENEWAL

Mary Sharon's Spiritual Day Spas are small-group house retreats, offered in intimate and restful settings, to **restore core interior strength for your mission in life.**

Think of it as "group spiritual direction" for deep rejuvenation. Spiritual Day Spas offer that essential time away which we know we need in order to stay vital, time away which is so difficult to work into the schedule.

Spiritual Day Spa days typically include:

- Three deep talks by Mary Sharon
- Time for reflection
- Retreat journaling
- Time for a prayer walk
- A simple and delightful lunch
- One-to-one time with Mary Sharon
- Small-group sharing
- The company of women deeply engaged in things that matter



Spiritual Day Spas are **freewill-offering events**, which support Mary Sharon's evangelizing ministry. Her itinerant lifestyle sets her free to "imagine what holiness looks like at the edge." Her stories and insights always inspire.

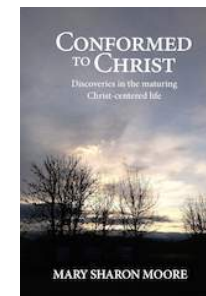
MARY SHARON'S MOST POPULAR BOOKS ...

CONFORMED TO CHRIST: DISCOVERIES IN THE MATURE CHRIST-CENTERED LIFE (2016)

Moving insights, based on the author's experience, into St. Paul's words, "I live, no longer I but Christ in me."

ANOINTED FOR A PURPOSE: CONFIRMED FOR LIFE IN THE 21ST CENTURY (2012)

A deep look at the vocational side of sacramental living. Also available as a 4-CD audiobook (\$15).



Conformed to Christ | \$18

Anointed for a Purpose | \$15

